

LCCC

OCTOBER 2019

LICKING COUNTY COMMUNITY CENTER

FOR 60+ ADULTS

The Licking County Community Center —
not just a place to go, but a place to belong.



Kenneth has been busy moving the piano and creating a space for our chorus to make beautiful music.

Our first rehearsal is on Monday, October 14 from 1-3 p.m.

We Now Have a Chorus! Thank you Bob Horvath!

We are delighted and proud to announce the formation of a LCCC Chorus. This new vocal ensemble is open to all Licking County residents 60 and over. For those with other vocal commitments, our chorus shouldn't interfere with evening musical obligations as rehearsals are restricted to daylight hours.

Our chorus will be directed by Kenneth Tubaugh. Kenneth began his musical journey nearly four decades ago on a "Magnus Chord Organ." He then developed a passion for singing. When he was 12 years old, he decided that he wanted to become a teacher. At the age of 13, he was too young to sing in the adult choir at his church, so he started a youth choir. From there, Kenneth added more than two decades of performance and teaching experience to his resume. Kenneth is continuing his story as the first music director of the LCCC.

For chorus schedule & details, please see next page —



Our Popular \$1,000 Cash Black Friday Fundraiser is Back!

Tuesday October 15 • Noon - 1:30 pm

Monthly Lunch returns to the LCCC!

Our annual fundraiser kicks off during our Fall Gathering around the Fire! This menu features fall favorites sure to delight all — smoked pulled pork and beef brisket, baked beans, green beans, corn casserole, and coleslaw topped off with s'mores and other sweet treats!

Musical serenade by LCCC favorite Drew Allen

\$5 LCCC Member and Guests

This event is limited to 60 guests.

Sponsored by Flint Ridge

LCCC

LICKING COUNTY COMMUNITY CENTER

FOR 60+ ADULTS

Health + Wellness Fair

Wednesday, October 30

from 10 a.m. to Noon

Health & Wellness Fair

Open to the Licking County Community

- 20 Licking County vendors
- Flu Shots with Medicare Card
- Try-Its for Wellness, Arts and Programming!

FREE LUNCH immediately following

Sponsored By Licking Memorial Health System

**The Telling of
a Life Story
Penning the Past:
Writing Your Life Story**

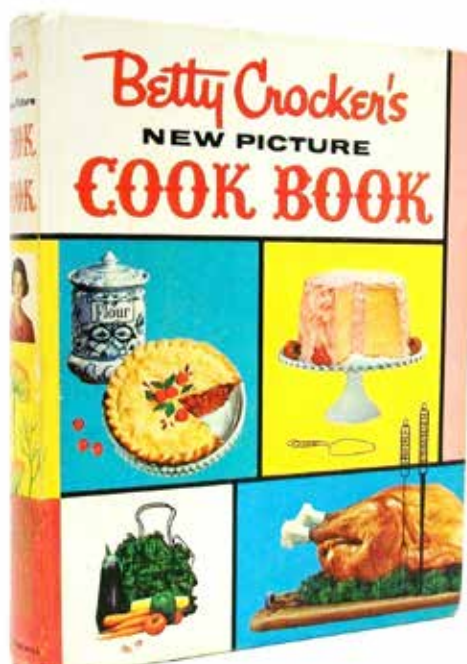
**4-Week Series
Limited to 15
Life Story Writers**

**First Session:
Mondays,
Oct. 21, 28, Nov. 4, 11
1 - 3 p.m.**

**Supplies Needed:
Lined Paper - pad or loose
Pen/Pencil**

**Instructor:
Kurt Essenmacher
kurtessn06@yahoo.com
614-551-0287**

*Please leave a message and
wait for a return call.
Thank you.*



**We are pulling out our
vintage Betty Crocker
Cookbooks for this special
Writing Life Stories Series.**

Each Monday at lunch, the generation that the Writing Life's Stories is working will be our featured on \$3 menu.

**Monday, October 21
Groovy 60s & 70s**

Fish sticks (Rusty's Wharf famous fish filets), tater tots, stewed tomatoes, Jello-O salads and Jell-O molds, and good old-fashioned white bread

**Monday, October 28
40s & 50s**

Menu for 40s 50s with a History of Aprons — stuffed peppers, cole slaw, succotash (corn & baby lima beans), and potato rolls

**Monday, November 4
Rock-n-Roll 80s & 90s**

Fried chicken, corn, cole slaw, and mashed potatoes

**Monday, November 11
2000 - Current**

Writing Class to determine the menu!

***Chorus News Continued
from Front Page —***

Our first rehearsal will be held on Monday, October 14 at 1 p.m. Rehearsals will be held on the second and fourth Mondays of the month at 1 p.m. Please join us beforehand for lunch and homemade dessert! \$3 donation.

Membership Requirements: You must be willing to have FUN! Reading music is NOT required. For questions or to sign-up, please call 740-587-1333.

We will be hosting a Special Sight-Reading Session and Mixer: one-time only on Monday, October 7 at 1 p.m. We will sight-read through music. Please note: This is not our first rehearsal.



*A grateful thank you to
Bob Horvat for his generous
donation which allowed LCCC
to launch our much anticipated
Music Program*

Thank you! Thank you!

To **Mark and Connie Pogany** for always taking such great photos for us. We love seeing the LCCC come to life through their photos which we, in turn share with our members.

Two green thumbs up to **June Schroeder** for sharing her time and talents by volunteering many hours at our community garden this summer! WE all appreciate all the "fruits" of her labor!



Do You Love Playing Cards and Tile-Based Games?

Games are offered at different skill levels which provides greater challenges to participants

To find out more about one (or more) of our seven card-playing and tile-based games, please call LCCC first at 740-587-1333.

When you call, we will share the name and phone number of the group leader who will be happy to answer any game-specific questions and offer sign-up instructions.

Please join us for an enjoyable afternoon with friends!

■ **Beginner's Bridge**

Mondays at 1:30 p.m.

■ **Bridge**

Thursdays at 1:30 p.m.

Fridays at 1:30 p.m.

■ **Duplicate Bridge**

Second and fourth

Monday at 7 p.m.

Wednesdays at 1:30 p.m.

■ **Rummikub**

Every Tuesday at 10:30 a.m.

■ **Canasta**

Tuesdays at 12:30 p.m.

■ **Mexican Train Dominoes**

Second and fourth

Tuesday at 12:30 p.m.

■ **Mahjong**

Thursdays at 1 p.m.

■ **Euchre**

Second and fourth

Tuesday at 12:30 p.m.

Third Thursday at 6:30 p.m.



Last month, Meet, Eat and A Little Adventure dined at Olde Town Cafe & Inn and picked apples at Lynd's Fruit Farm.

Thursday, October 10 from 11 a.m. to 2 p.m.

Meet, Eat & A Little Adventure Dines

at Sandy Hollow Speakeasy and

Takes a Spectacular Spooky Adventure

Join Elisha and Lisa for lunch at Sandy Hollow Speakeasy located at 57 South Third Street in Newark.

After lunch, we will walk across the street and take a Spooky Adventure at the Licking County Historical Jail at located at 46 South Third Street in Newark.

Lunch is on your own. The adventure is FREE!

Limited to 20 adventurers • *Sponsored by Park National Bank*



Trek Brewing Company has chosen the Licking County Community Center as the beneficiary of their "Trek Together: LCCC Event"

On Thursday, October 24 from 5 - 9 p.m., Trek Brewery will donate \$1 from every pint poured to the LCCC as part of their Trek Together Program which allows local service organizations a chance to highlight their mission and interact with the community in their taproom.

We are grateful for their generosity, so come out and enjoy great beverages, support the LCCC and have an evening of fun with your LCCC friends! See you there!

Trek Brewing Company is located at 1486 Granville Rd, Newark.



Wednesday, October 23

12:30 - 2 p.m.

■ **Coffee, Connection & Wellness Conversations**

Coffee and sweet treats are provided by our sponsor.



Our very own Antiques Roadshow!

Are you holding onto a treasure? Do you know its value? Could it make you rich?

The professionals from Appletree Auction will be at the LCCC to share their appraisal skills.

Each attendee may bring two items for the specialists to examine. A verbal approximation of the value of the item will be given.

FREE to Members, Guests and Local Community
Sponsored by Licking Memorial Health Systems

30-minutes on a Monday!

Wellness Series

Every Monday from 12:30 - 1 p.m.

Immediately following lunch

The focus of the new 30-Minutes on a Monday! Wellness Series is to expand our programming beyond physical health to include a variety of life's interesting topics.

Monday, October 7 -

Medicare 101: Q & A Plus How to Apply for Extra Help with Medicare Prescription Drug Costs

Speaker: Sage Scharre from Aetna

Monday, October 14

Organizational Gathering

Join Lisa and Elisha to brainstorm weekly wellness topics and interests.

Questions, please contact Lisa Crock at crock@gmail.com or at 740-587-1333

Monday, October 28

Medicare Options

Join Steve Beck from Medical Mutual to learn about your Medicare options.

Sponsored by Aetna



Instructor Jacki Beach is going on V-A-C-A-T-I-O-N!

There will be NO Strength or Cardio Drumming Classes on Wednesday, October 9 and NO Line Dancing on Friday, October 18.

These weekly classes are FREE to LCCC Members & Guests



New!

Mondays • 10 - 11 a.m.

■ **Yoga with Carolyn Cobel Hamstead**

You'll love yoga class with our new instructor, Carolyn. As a skilled yogi, she brings over 30 years of experience to the LCCC. Please invite a friend and get fit with our class of yoga-goers!

Wednesdays • 11 - 11:45 a.m.

■ **Cardio Drumming with Fun and Energetic Jacki Beach**

Join this weekly class for one of the craziest-new workouts you'll ever do. Fun! Fun! Fun!

Fridays • 10:15 - 11 a.m.

■ **Beginners Tap Class with Donna Stasel**

Tap shoes, dancing shoes, and a fun and ready-to-learn attitude are all you need to get toe-tapping!

Fridays • 11 - 11:45 a.m.

■ **Intermediate Tap Class with Donna Stasel**

Bring your Tap shoes for some toe-tapping to upbeat, classic music and routines!

Fridays • 12:30 - 1:30 p.m.

■ **Line Dancing with Our Fun and Energetic Silver Sneakers Instructor Jacki Beach**

Join this weekly step-by-step rock'n fun class with your LCCC friends!

These weekly fitness classes are
FREE for Silver Sneakers Participants
\$3 for LCCC Members & Guests



Instructor Jacki Beach is going on
V-A-C-A-T-I-O-N!

There will be NO Strength or Cardio
Drumming Classes on Wednesday, October 9
and NO Line Dancing on Friday, October 18.

Tuesdays and Thursdays • 10:30 - 11:15 a.m.

■ Stretch Classes with Silver Sneakers
Certified Instructor Jacki Beach

Jacki's stretch classes are a must try for ALL members! It is an amazing wellness class in which you will receive individual-attention in a friendly group setting. It is a perfect class for every level of flexibility and ability. Zumba Class follows immediately after Stretch Class.

Tuesdays and Thursdays • 11:30 a.m. - 12:15 p.m.

■ Zumba Classes with Silver Sneakers
Certified Instructor Jacki Beach

Please invite a friend and join our cardio-conscious group of regular, committed zumba-ers! From Frank Sinatra warm-ups to Y-M-C-A to tunes that step-up-the-beat and more!

Tuesdays • 2 - 3 p.m.

■ Balance Class with Silver-Sneakers-
Certified Instructor Kathy Bowman

Please invite a friend and try Balance Class with our wonderful group of afternoon regulars and newbies. It's our fastest growing class!

Wednesdays • 10 - 10:45 a.m.

■ Strength Class with Silver-Sneakers-
Certified Instructor Jacki Beach

Jacki's strength classes are a must try for ALL members! It's a perfect class for every level of flexibility and ability. Cardio Drumming will follow immediately after this class.

Wednesdays • 5:45 - 7 p.m.

■ Yoga Class with Silver-Sneakers-Certified
Instructor Sharon Thomas

Please invite a friend and try yoga with our wonderful group of evening regular, committed yoga-goers!

Thursdays • 10 - 11 a.m.

■ Tai Chi Class with Silver-Sneakers-Certified
Instructor Kathy Bowman

Please invite a friend and try it with our friendly group of morning regulars and newbies. It's our second fastest growing class!

Fridays • 9 - 10:15 a.m.

■ Yoga Class with Silver-Sneakers-Certified
Instructor Sharon Thomas

Please invite a friend and get fit with our wonderful group of morning regular, committed yoga-goers!

Friday, October 18 • Noon - 1 p.m.

Cooking with Friends!
Chef Kitty Letham Clean Cooking
Series "Food is Medicine"

Please stop by the LCCC Office to pick up your recipe packet provided by Kitty. This class includes small plate tasting of a dish prepared by the class. Please join us for some tasty lunch and dessert at noon before your class. Delish!
 FREE to Members, Guests & Community
Sponsored by Licking Memorial Health Systems



Applications for
Ohio Department of Aging's
Golden Buckeye Card are available
in the Front Office.

MARK YOUR CALENDAR FOR FUN!

Wednesdays, October 2, 9, 16, 23

12:30 - 1:45 p.m.

■ Card Making with Friends! with Instructor Patti Pylant

Please join weekly classes to create three, beautiful hand-made cards and envelopes. Sign up for as many weeks as you wish. Stop by before class for lunch and homemade goodies! Call 740-587-1333 for reservations.

For questions, please contact Patti Pylant at 740-924-6761.

LCCC Members & Guests \$6 per week

Thursday, October 3 • Noon - 1 p.m.

■ Birthday Luncheon — Be our guest, be our guest put our LCCC service to the test!

Relax and enjoy your special day with other October birthdays. A wonderful lunch of delicious chicken pot pie and a mixed field greens salad will be served starting at noon. Enjoy your very own cupcake and blow out your candle during birthday wishes sing-along with all of your October LCCC Birthday Friends. FREE to LCCC Members with October birthdays and their special guest.

Sponsored by Granville Community Foundation

Fridays, October 4, 11, 18, 25

12:30 - 1:30 p.m.

■ Art with Friends!

Acrylic Art Classes with Jay Skeese

Sign-up for one or all four classes!

11"x 14" or 6"x 8" canvas and paints provided

Limited to 6 artists per class

Please join us before class for a lunch of homemade soups, salads and desserts every Friday for \$1 at noon.

FREE to LCCC Members and Guests

Sponsored by Granville Arts Commission

Mondays, October 7, 14, 21, 28 • 1:30 - 3:30 p.m.

■ Beginner's Bridge with Friends! with Instructors Susan Potter and Barbara Gage

This instructor-led group is geared towards both beginners and those in need of a refresher from bridge days gone by. Please email group leader Susan Potter at pottersb9@gmail.com each week for sign-up instructions and game-specific questions. Please join us for some tasty lunch and dessert before class starting at noon! Delish!

 **New!**

Tuesday, October 8 • 9:30 - 10:30 a.m.

■ Coffee, Confections & Concerto Hour

Enjoy an hour of relaxation before starting your daily routine. Continue your day with Wellness Classes, Military Roundtable or Recipe and Cookbook SWAP!

FREE to LCCC Members & Guests

 **New!**

Tuesday, October 8 • 10 - 11:30 a.m.

■ Recipe, Food Adventures + Cookbook Swap

Bring your favorite recipe to share and a cookbook that you no longer use to SWAP. This will be our organizational gathering. Proceeding, we can choose monthly recipe topics.

FREE to LCCC Members & Guests

 **New!**

Tuesday, October 8 • 10:30 - 11:30 a.m.

■ Military Roundtable

Join your fellow Veterans and share your knowledge on the topic for the month from your experiences in the military. Historians are welcomed and encouraged!

October's Topic:

Technology and the Role it Played in Each War

FREE to LCCC Members & Guests

Thank You for "Baking" Us Happy!

We are seeking bakers for homemade desserts for Monday and Wednesday lunches and special events. Please contact Donna at 740-587-1333 to share your favorite treat with us!

Wednesday, October 9 • Noon - 1 p.m.

■ **“OSU Tailgate” Luncheon**

Join us for an “OSU Tailgate” Luncheon catered by Suzie’s Bistro & Bakery. Feel free to sport your OSU/COTC swag. Guest Speakers will discuss, “Honoring our Past & Preparing for our Future at the Newark Campus.”

FREE to Members, Guests, and the Local Community

Sponsored by OSU Newark & COTC

Wednesday, October 16 • 10 a.m. - Noon

■ **Monthly Technology Class with Ex-Apple Genius Bar Guru, Gregg Montgomery**

Please join us for a broad overview with specific tips to better utilize your iPhones and iPads.

Call 740-587-1333 for reservations, or sign up on your next visit to LCCC !

FREE to LCCC Members ~ LCCC Guests \$5 Lunch to follow with delicious homemade desserts! \$3 donation

Sponsored by Home Instead Senior Care

Wednesday, October 16 • 12:30 - 2:30 p.m.

■ **Monthly Technology Class**

iPhone “Back-to-Basics” Q & A

This class is designed for those who have general questions about navigating their iPhone or iPad, including advice for newbies on settings, downloads, texting, apps, photos, and more.

Please join us for a broad overview with specific tips to better utilize your iPhones and iPads.

FREE to LCCC Members ~ LCCC Guests \$5

Join us beforehand for lunch and delicious homemade desserts! \$3 donation.

Call 740-587-1333 for reservations, or sign up on your next visit to LCCC.

Sponsored by Home Instead Senior Care



Applications for a Disability Placard, (Disabled Parking Identification Permit),

are available at the front desk. Each application comes with a printed application and instructions.

Thursday, October 17 • 6:30 - 9:30 p.m.

■ **Euchre Night**

Bring a sweet or salty snack, appetizer or dessert to share with 30+ of your favorite LCCC euchre fanatics. To fill tables of four with other euchre enthusiasts, please call LCCC at 740-587-1333 to reserve your seat or add your name to the euchre sign up sheet at LCCC. Walk-ins are welcomed, but a seat to play is not guaranteed without pre-registration. Prompt 6:30 p.m. start time, please, and thank you. Questions? Please contact Trish Hannahs at 614-432-6269.

Sponsored by Interim Health

Friday, October 18 • Noon - 1 p.m.

■ **National Chocolate Cupcake Day!**

It’s Fri-Yay at the LCCC! Please join us for lunch to celebrate National Chocolate Cupcake Day! Salads and strombolis from Clays’ Cafe are on the menu in addition to tasty chocolate cupcakes! Please join us for before or after class for a lunch for \$1 at noon. Yummy!

Friday, October 18 • 4 - 7 p.m

■ **Movie + Pizza Night! “POMS!”**

Friday, October 18 4:00 pm - 7:00pm

Featuring: “POMS,” Poms is a 2019 American comedy film directed by Zara Hayes and starring Diane Keaton. The fun begins when a group of women from a retirement community decide to start a cheerleading squad

Sign-up at LCCC, or call 740-587-1333 to be added to Movie + Pizza night sign-up sheet.

FREE to LCCC Members & Guests

Sponsored by Medigold

Monday, October 21 • Noon - 1:30 p.m.

■ **Brunch & Outrageous B-I-N-G-O!**

Join us for our catered B-I-N-G-O Brunch sponsored by Arlington Nursing Home.

After lunch, please stick around for laughter, entertainment, and a few rounds of Elisha calling B-I-N-G-O. *Prizes provided by*

MediGold. You do not want to miss the FUN!

Please sign up at LCCC, or call 740-587-1333 to be added to the lunch sign-up sheet.

FREE to LCCC Members & Guests

Sponsored by Arlington Nursing Home & MediGold

 **New!**

LCCC Gives Back to Licking County!

Our goal is to help local nonprofits fulfill their mission by connecting civic-minded 60+ adults seeking passion-driven volunteer opportunities to give back to our local community.

We will be volunteering at the St. Vincent de Paul Food Pantry. As a local non-profit, St. Vincent de Paul partners with the Food Pantry Network of Licking County to utilize their buying power. This generosity allows all Licking County citizens of any denomination to visit the food pantry 15 times a year at no cost.

For questions or to be added to this volunteer group, please contact Eisha Rose at elisharosegsc@gmail.com or 740-587-1333.

We hope that you will join us on the third Thursday of each month from 1 - 3 p.m. during our designated food pantry shift. Our next visit is on Thursday, October 17 from 1 - 3 p.m.

Together, we will help to fulfill their mission of serving the needy in our community. Thank you!



Sue, Elisha and Lois spent the afternoon stocking shelves at our first LCCC Gives Back Event!



Sue, Lola, Elisha, Paul, Kay, Robin, Pat and Lois at St. Vincent de Paul Food Pantry

LCCC Interest Wall

Are you interested in trying, learning, doing, or exploring something new? If so, please let Lisa Crock know by sending an email to crocklisa@gmail.com or by phone at 740-587-1333.

These signup sheets are currently posted on the LCCC Interest Bulletin Board.

- **Walking Club starting at LCCC Parking Lot**
Tuesdays & Thursdays 11:30 a.m. - 12:30 p.m.
- **Tai Chi** - Tuesdays 6 - 7 p.m.
- **Biking Club** - Day and time to be determined by group
- **Pinochle** - Day and time to be determined by group - NEW for 2019!



Adam J Gibbs
Financial Advisor

1969 Newark Granville Rd
Granville, OH 43023-9172
740-587-7677

Edward Jones
MAKING SENSE OF INVESTING

MKT-58941-A

Do you have a working smoke detector?
Does your detector require batteries?
Do they last 10 years?



The American Red Cross wants to install a FREE smoke detector in your home with batteries that cannot be replaced. In 10 years, they will contact you and replace the unit for FREE.

Call 1-844207-4509 for more information or visit the "Sound The Alarm" Booth at our Health & Wellness Fair on October 30.

Sponsored by State Farm, Nationwide Insurance, Boeing, White Castle, and the Licking County Foundation

Volunteer Requests

■ We're looking for volunteers who can build wooden wheelchair ramps for our member's homes when the need arises. Templates are available upon request.

■ Volunteers are needed to help at the LCCC Front Office from 2 - 4 p.m. on Tuesday, Thursday, and Friday.

Thank you!! We couldn't do what we do without our wonderful volunteers.

Need a ride to and from LCCC?

Licking County Transit offers rides to and from LCCC for events, classes and meals. Rides are free for those 60+ in Licking County

To Schedule Your Ride

Call

740-670-5185, press #1
or 1-800-350-7071.

Visit

lickingcountycc.org and click under the "Resources" tab for detailed instructions.

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Becky Reese
Recruitment and
Engagement Specialist

Walk in our office any Wednesday
between 9 am - 4 pm for an
interview or apply online today
at HomeInstead.com/550.
We can't wait to meet you!





A Health and Wellness Center Now Accepting Direct Admission!

Innovative services, person-centered care and patient satisfaction are all part of our core values at Kendal at Granville. Our Health and Wellness Center offers inpatient and outpatient rehab, respite care and nursing. Discover the value, excellence and wide-ranging choices at Kendal—we're here because we care!

Visit KAG.Kendal.org or call 740.321.0422 to learn more.



KENDAL[®] at Granville

Together, transforming the experience of aging.[®]

A Not-for-Profit Continuing Care Retirement Community Serving Older Adults in the Quaker Tradition



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You Might be Eligible for Meals on Wheels

Seniors 60 years of age and older who are homebound and/or unable to shop and cook are eligible to receive Meals on Wheels.

You may also receive Meals on Wheels if you are the caregiver/spouse/companion of a 60+ senior who is receiving meals.

For more information or to be added to **NEXT DAY** meal distribution from our local Meals on Wheels, please contact JoAnne Knaack from 9 a.m. to 1:30 p.m. at 740-527-2370 or 740-587-0022 which is during Century Methodist Church's Meals on Wheels kitchen hours.

*Generously funded by the
Licking County Senior Levy Fund*

We treat your loved ones as our mothers & fathers, grandmothers & grandfathers.

I ONLY WANT THE BEST.
SO I'M CHOOSING
CHAPEL GROVE.

PASSIONATE
SERVICE | CLEANLINESS | CARE

Chapel Grove Assisted Living

Our Philosophy
With a caring, professional, and friendly team, our goal is to ensure that each resident receives the utmost in personalized care and services.

Free Assessment
Is assisted living the best option for you? Sit down with our professionals to discuss what level of care is right for you.

Private Tour
Our tours are one of a kind. They are tailored specifically for your needs and interests. Mention this ad to SAVE \$1,000!

1400 Chapel Way, Heath, OH 43056
740-522-4663 • www.chapelgroveinn.com



Find us on Facebook and Instagram.

October at The Licking County Community Center

Mon	Tue	Wed	Thu	Fri
30	1	2	3	4
12pm - Lunch 12:30pm - Crochet 1:30pm - Beginner's	10:30am - Rummikub 10:30am - Stretch SS 11:30am - Walking 11:30am - Zumba SS 12:30pm - Canasta 2pm - Balance SS 5:30pm - Weight Wat.	10am - Strength SS 11am - Cardio 12pm - Lunch 1:30pm - Bridge 5:45pm - Yoga SS	10am - Tai Chi SS 10:30am - Stretch SS 11:30am - Walking 11:30am - Zumba SS 12pm - Birthday 1pm - Mah-Jongg 1:30pm - Bridge	9am - Yoga SS 10:15am - Beginner 11am - Advanced Tap 12pm - Lunch 12:30pm - Acrylic Art 12:30pm - Line 1:30pm - Bridge
7	8	9	10	11
10am - Recipe Swap 10am - Yoga 12pm - Lunch 12:30pm - Crochet 12:45pm - 30 Minutes 1pm - Chorus Mixer & 1:30pm - Beginner's	9:30am - Concerto 10am - Recipe Swap 10:30am - Military 10:30am - Rummikub 10:30am - Stretch SS 11:30am - Walking 11:30am - Zumba SS 12:30pm - Canasta 12:30pm - Dominoes	10am - Strength SS 11am - Cardio 12pm - Lunch 1:30pm - Bridge 5:45pm - Yoga SS	10am - Tai Chi SS 10:30am - Stretch SS 11am - Meet, Eat and 11:30am - Walking 11:30am - Zumba SS 1pm - Mah-Jongg 1:30pm - Bridge	9am - Yoga SS 10:15am - Beginner 11am - Advanced Tap 12pm - Lunch 12:30pm - Acrylic Art 12:30pm - Line 1:30pm - Bridge
14	15	16	17	18
10am - Yoga 12pm - Lunch 12:30pm - Crochet 12:45pm - 30 Minutes 1pm - Chorus 1:30pm - Beginner's 7pm - Bridge	10:30am - Rummikub 10:30am - Stretch SS 11:30am - Walking 11:30am - Zumba SS 12pm - Monthly 12:30pm - Canasta 2pm - Balance SS 5:30pm - Weight Wat.	10am - Strength SS 11am - Cardio 12pm - Lunch 1:30pm - Bridge 5:45pm - Yoga SS	10am - Tai Chi SS 10:30am - Stretch SS 11:30am - Walking 11:30am - Zumba SS 1pm - Mah-Jongg 1pm - Volunteer at 1:30pm - Bridge 6:30pm - Euchre	9am - Yoga SS 10:15am - Beginner 11am - Advanced Tap 12pm - Lunch 12:30pm - Acrylic Art 12:30pm - Cooking 12:30pm - Line 1:30pm - Bridge 4pm - Movie Night
21	22	23	24	25
10am - Yoga 12pm - Lunch 12:30pm - Bingo 12:30pm - Crochet 1pm - Writing Life 1:30pm - Beginner's	10:30am - Rummikub 10:30am - Stretch SS 11:30am - Walking 11:30am - Zumba SS 12:30pm - Canasta 12:30pm - Dominoes 12:30pm - Euchre 2pm - Balance SS 5:30pm - Weight Wat.	10am - Strength SS 11am - Book Club 11am - Cardio 12pm - Lunch 12:30pm - Wellness 1:30pm - Bridge 5:45pm - Yoga SS	10am - Tai Chi SS 10:30am - Stretch SS 11:30am - Walking 11:30am - Zumba SS 1pm - Mah-Jongg 1:30pm - Bridge	9am - Yoga SS 10:15am - Beginner 11am - Advanced Tap 12pm - Lunch 12:30pm - Acrylic Art 12:30pm - Line 1:30pm - Bridge
28	29	30	31	1
10am - Chorus 10am - Yoga 12pm - Lunch 12:30pm - Crochet 12:45pm - 30 Minutes 1pm - Writing Life 1:30pm - Beginner's 7pm - Bridge	10:30am - Rummikub 10:30am - Stretch SS 11:30am - Walking 11:30am - Zumba SS 12:30pm - Canasta 2pm - Balance SS 5:30pm - Weight Wat.	10am - Strength SS 11am - Cardio 12pm - Lunch 1:30pm - Bridge 5:45pm - Yoga SS	10am - Tai Chi SS 10:30am - Stretch SS 11:30am - Walking 11:30am - Zumba SS 1pm - Mah-Jongg 1:30pm - Bridge	9am - Yoga SS 10:15am - Beginner 11am - Advanced Tap 12pm - Lunch 12:30pm - Acrylic Art 12:30pm - Line 1:30pm - Bridge

Thank You to

Our Generous Funders:

- Granville Arts Commission
- Granville Community Foundation
- Granville Recreation District
- Interim Healthcare
- Licking County Senior Levy
- Licking Memorial Health Systems
- Park National Bank
- Our Members

Hours:

Monday-Friday 9 a.m. - 4 p.m.

Our Physical Address is:

3825 Columbus Road
Building D
Granville, Ohio 43023

Phone:

740-587-1333

Website:

www.lickingcountycc.org

The Licking County Senior Services Replacement Levy is on the November 5th Ballot

This is not a new tax but it raises property taxes slightly. For the owner of a \$100,000 home, it will increase their taxes \$9.19 per year, or just 77 cents per month.

This levy funds a variety of senior care services including home-delivered and congregate meals, transportation to medical appointments, personal care, homemaking, adult day services, educational programs, home repairs, supportive services, low vision aids and social activities.

The LCCC is just one of 23 organizations that receive funding from the Senior Services Levy. Other recipients include: Catholic Social Services, LEADS, the Licking County Aging Program, the Carol Strawn Center and the Center for the Visually Impaired.

Please consider supporting this important issue by voting for the Senior Services Levy.



Or Current Resident



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Granville, OH 43023

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