



**Our Warmest Wishes for a  
Healthy and Happy New Year!**

**We are looking forward to seeing you in 2019!**

**JANUARY 2019**

## **Join your GSC Friends for Great Decisions Foreign Policy Association**

**Great Decisions is America's largest discussion program on world affairs! The program provides background information and policy options for the eight most critical issues facing America each year, and it serves as the focal text for discussion groups across the country.**



### **Topics include:**

February 6: **Refugees and Global Migration**

February 20: **The Middle East: Regional Disorder**

March 6: **Nuclear Negotiations: Back to the Future?**

March 20: **The Rise of Populism in Europe**

April 3: **Decoding U.S.- China Trade**

April 17: **Cyber Conflicts and Geopolitics**

May 8: **The United States and Mexico: Partnership Tested**

May 22: **State of the State Department and Diplomacy**

Great Decisions is facilitated by Andrew Farley on

Wednesdays from 2 - 4 p.m. at

Kendal of Granville, 2158 Columbus Road.

The fee is \$35 per person which includes a workbook and materials.

### **For Registration:**

**Call:** 740-755-7122

**Email:** TOSborn@COTC.edu

**Visit:** [www.COTC.edu/LLI](http://www.COTC.edu/LLI) - click on Great Decisions

**Payment:** Online by Credit Card

## **Going South for the Winter?**

We are happy to forward your GSC Newsletter or email it to you at your winter address! Please drop us a note or send an email to Donna Stasel at [dstasel@granvilleseniorcenter.org](mailto:dstasel@granvilleseniorcenter.org) to let us know your local address, your winter address and the dates that you will be leaving and returning to Ohio. We will miss you!



**Thursday, January 10  
11:30 a.m. - 1:30 p.m.**

### **Meet, Eat and a Little Adventure**

Join Elisha, Donna and Lisa  
for lunch at  
Skorprios Gyros  
56 West Main Street, Newark  
740-322-6292

Lunch is \$5

*Beverages on your own*

**Limit of 20 participants**

After lunch, enjoy a tour and learn the interesting historical past of churches in Newark.

**DIY Classes — We are brainstorming for 2019!**  
Artists and foodies are on our shortlist after the very  
successful Dump Art, Cooking with Friends  
and Baking with Friends Series.

**GSC reimburses instructors for their class supplies.**

Please contact our Membership and Programing Coordinator,  
Elisha Rose 740-587-1333 or elisharosegsc@gmail.com if you  
would like to share your talents.

## **NEW Gift Cards at GSC!**

Family members, friends or  
neighbors who need a gift idea for  
their loved ones can now contact  
GSC to purchase a gift card for  
Health and Wellness Classes and  
Lunches.



Purchase a gift card for \$30 and receive a gift card for 10 Health  
and Wellness Classes or daily lunches and the 11th class or lunch  
is FREE! Pay by cash, check or credit card. Stop in or call GSC  
at 740-587-1333 to purchase a gift card! Gift Cards may also be  
purchased on our website. Questions? Please send an email to  
Lisa Crock at crocklisa@gmail.com.

## **February is Another Cabin Fever Month and Another Month of Try-Its!**

Please share your talents,  
passions and interests with  
your friends at GSC! We are  
recruiting instructors and  
teachers from within our  
membership. Instructors can  
receive up to \$50 for class  
supplies per NEW Try-it Class.

Pick a theme, day, time and  
location in the building and let  
the fun begin!

Questions? Please contact Lisa  
Crock at crocklisa@gmail.com  
or 740-587-1333.

The deadline for finalizing NEW  
Try-Its is January 15 so we can  
add our new, exciting classes to  
our February newsletter.

## **Thank You for “Baking” Us Happy!**

We are seeking bakers for homemade desserts for Monday and Wednesday lunches and special events.  
Please contact Donna at dstasel@granvilleseniorcenter.org to share your favorite treat with us!

## **Winter Weather Closings**

Using the Granville Schools  
as a guideline, the decision to  
close or to delay opening is at  
the discretion of the director.

If Granville Schools close,  
we will initially close but if  
conditions improve, we will  
open. If Licking County is  
under a Level 3 Snow Emergency,  
the center will close. We will  
be open if Granville Schools  
has a two-hour school delay.  
For the most updated weather  
information, please check  
granvilleohioseniorcenter.org  
or call us at 740-587-1333.



**Wednesdays, January 16, 23, 30  
12:30 - 1:45 p.m.**

## **■ Card Making Class with Patti Pylant**

You are invited to sign up for as  
many classes in this 10-week series  
as you wish!

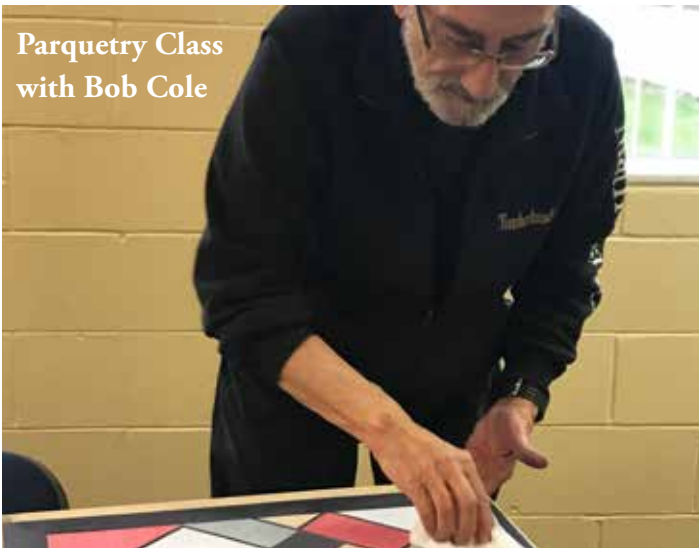
Each class, you will create three  
hand-made cards and envelopes.

Please join us before class for lunch  
and homemade goodies!

Call 740-587-1333 for lunch  
reservations or sign up at GSC.  
Questions? Please contact Patti  
Pylant at 740-924-6761.

\$6 per week for GSC Members  
& Guests

Parquetry Class  
with Bob Cole



### **No Cabin Fever For US at GSC!**

**Try-Its are here and they are FREE to GSC members and their guests!**

**Please join us before class for homemade soups and desserts EVERY Friday for only \$1.**

**Please sign-up at GSC or call 740-587-1333 to be added to lunch sign-up sheet.**

**Your reservation helps us to make sure that we have prepared enough food for our guests.**

**Wednesdays, January 2, 9, 16, 23, 30**

**12:30 - 1:15 p.m.**

#### **■ Cardio Drumming with Jacki Beach**

Join us for a delicious homemade lunch and desserts and stay after and try this NEW class to burn off a few calories. Fun, fun, fun!

Join this weekly cardio drumming class for one of the most fun workouts you'll ever do.

Strength class will follow immediately.

FREE to Silver Sneakers, GSC Members & Guests

**Fridays, January 4, 11**

**12:30 - 2:30 p.m.**

#### **■ Crochet Class with Toni Distilhors**

This try-it is for crochet instruction for all levels including beginning, intermediate or advanced. Toni will supply materials for either a headband, earmuffs or a dishcloth. All supplies and needles are provided. Questions? Please contact Toni at 740-404-0348. There is a 12-participant maximum for this class.

FREE to GSC Members & Guests

**Fridays, January 4, 11, 18, 25**

**12:30 - 2:30 p.m.**

#### **■ Parquetry Class with Bob Cole**

Parquetry is a geometric mosaic of wood pieces used for an artistic decorative effect. Along with an introduction and practice, the class will create a shared GSC artistic decorative momento.

FREE to GSC Members & Guests

**Fridays, January 4, 11, 18, 25**

**12:30 - 1:30 p.m.**

#### **■ Acrylic Art Classes with Jay Skeese**

Sign-up for one or all four classes!

Choose from an 11" x 14" or a 6" x 8" canvas

for your artwork. Canvas and paints are provided.

There is a limit of six artists in each class.

Free to GSC Members & Guests

*Sponsored by Granville Arts Commission*

**Fridays, January 4, 11, 18, 25**

**12:30 - 1 p.m.**

#### **■ Line Dancing with Jacki Beach**

Join this weekly step-by-step rock'n fun class with your GSC friends!

FREE to Silver Sneakers, GSC Members & Guests

**Friday, January 18**

**12:30 - 1:30 p.m.**

#### **■ Group Talks with Jim Hannahs**

Join Jim as he shares his travels and time spent in Europe complete with a slideshow of beautiful churches and castles. Questions? Please contact Jim at jimhannahs@hotmail.com.

FREE TO GSC Members & Guests

**Friday, January 18**

**12:30 - 1:30 p.m.**

#### **■ Cooking with Friends with Chef Kitty Leatham**

Start the new year with tasty, healthy hints from our very own Green Chef Kitty Leatham. Questions? Please contact Kitty at 412-799-4118.

There is a 12-participant maximum for this class.

FREE TO GSC Members & Guests



# MARK YOUR CALENDAR FOR FUN!

**Thursday, January 3 from Noon - 1 p.m.**

## **January Birthday Luncheon**

Be our guest, be our guest, put our GSC service to the test! Relax and enjoy a wonderful, warm pot pie and salad for lunch with other January birthdays. Birthday cake made by our famous member Chef Ronnie Vickers.

FREE to GSC Members with January birthdays and their special guest

*Sponsored by The Granville Community Foundation*

**Tuesday, January 8 from 9 - 10 a.m.**

## **Men's Coffee and Conversation**

Please join us to meet new friends during a casual morning of conversation, coffee and sweet treats!

FREE to GSC Members and Guests

Please call 740-587-1333 for reservations or sign up on the activity table at GSC.

*Sponsored by Kendal at Granville*

**Thursday, January 17 from 6:30 - 9 p.m.**

## **Euchre Night**

Bring a snack or dessert to share with 30+ of your favorite GSC Euchre fanatics. To fill tables of four with other Euchre enthusiasts, please call GSC at 740-587-1333 to reserve your seat or add your name to the Euchre sign up sheet at GSC. If you are currently on the Euchre Call List, you will be receiving a call or email from GSC Front office. Walk-ons are welcomed but a seat to play is not guaranteed without pre-registration. Prompt 6:30 p.m. start time, please.

*Sponsored by Interim Health*

**Monday, January 21 from Noon - 1:30 p.m.**

## **Breakfast and B-I-N-G-O!!**

Join us for a good-old fashioned delicious breakfast and homemade sweet goodies.

After brunch, please stick around to meet new GSC friends for a few rounds of B-I-N-G-O with prizes for all! Sign-up at GSC or call 740-587-1333 to be added to lunch sign-up sheet.

*Sponsored by MediGold and Kendal at Granville*

**Wednesday, January 23 from 10 a.m. - Noon**

**Please make this date change in your calendar!**

## **Monthly Technology Class with Ex-Apple Genius Bar Guru, Gregg Montgomery**

Please join us for our "a little more advanced" focus on iPhones! After class, stay for a City BBQ lunch and delicious homemade desserts! Call 740-587-1333 for reservations or sign up on your next visit to GSC!

FREE to GSC Members ~ GSC Guests \$5

*Sponsored by Granville Community Foundation*

**Wednesday, January 23 from 12:30 - 1:30 p.m.**

**Please make this date change in your calendar!**

## **Monthly Technology Class**

### **iPhone Back-to-Basics Q & A**

This class is for members who have basic, general questions about navigating their iPhone device.

Plus great advice for NEWBIES on settings, downloads, texting, apps and more. Join us before class for a City BBQ lunch and delicious homemade desserts! Call 740-587-1333 for reservations or sign up on your next visit to GSC!

FREE to GSC Members ~ GSC Guests \$5

*Sponsored by Granville Community Foundation*

***Need a little one-on-one extra tech help with your NEW iPhone or iPad?***

## **Private 1-Hour Tech Sessions with**

**Gregg Montgomery** are available after Wednesday Tech Classes starting at 2:45 p.m.

The fee is \$60 for a one-hour session at GSC or at your home. Please contact Gregg 614-507-6112 to schedule your session or for more information.



**Friday, January 18 at 4 p.m.**

## **Movie & Pizza Night**

"Freedom Writers" (2007)

FREE to GSC Members  
Guests \$5

Sign-up at GSC or call  
740-587-1333 to be added to  
movie night sign-up sheet.

*Sponsored by Medigold*



*Robin (right) is pictured here helping Elisha at our Annual Health Fair.*

## Many thanks to ...

A **special thank you** to one of our many volunteers **Robin Dolin!** Robin extends her helping hand whenever it is needed! From help with setting up and breaking down lunch, to decorating gingerbread houses, there is nothing she will not do! Robin is kind, considerate, and brings positive and happy energy with her every visit! Thank you Robin, for ALL that you do for us! You are truly appreciated!


A **Chef's Hats Off** thank you to **Mary Ossa!** Our Baking with Friends! Series is a delightful and delicious addition to our programming at GSC! Please know your time and talents are greatly appreciated.

Another **Blue Ace** thank you to the GHS Student Council members and advisors for treating our members to a spectacular holiday lunch and concert on December 6. It was the perfect way to continue the holiday season!

## Donation Requests

- Please continue to share your magazine subscriptions with us.
- A piano is back on the list! Thanks to a generous donor, the moving expense will be taken care of. Please let us know if you hear of any piano in need of a good home.
- We are in need of a new or gently used microwave for our kitchen creations.

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**Donation Requests — please continue to share your magazine subscriptions with us.**

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**Have you renewed  
your GSC Membership?**





At Kendal, we believe retirement should be a time of possibility and renewal. Our community reflects this by offering abundant opportunities for lifelong learning, arts and entertainment, gathering with friends, quiet reflection and more. Whether you're looking forward to new adventures, rediscovering old passions or something in between, start the new year with a plan for your future. Call us, today, to schedule a visit!

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A Not-for-Profit Life Plan Community  
 Serving Older Adults in the Quaker Tradition



## **You Might be Eligible for Meals on Wheels**

Seniors 60 years of age and older who are homebound and/or unable to shop and cook are eligible to receive Meals on Wheels.

You may also receive Meals on Wheels if you are the caregiver/spouse/companion of a 60+ senior who is receiving meals.

For more information or to be added to NEXT DAY meal distribution from our local Meals on Wheels, please contact JoAnne Knaack from 9 a.m. to 1:30 p.m. at 740-527-2370 or 740-587-0022 which is during Century Methodist Church's Meals on Wheels kitchen hours.

*Generously funded by the Licking County Senior Levy Fund*

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*Happy New Year!*

# January at The Granville Senior Center

*Happy New Year!*

Mon	Tue	Wed	Thu	Fri
31	1	2	3	4
<div><div></div> GSC Closed</div> <div><div></div> Happy New Year!</div>		12pm - Lunch 12:30pm - Cardio 1pm - Writing Life 1:30pm - Bridge 1:30pm - Strength SS 5:45pm - Yoga	10am - Tai Chi SS 10:30am - Stretch SS 11:30am - Zumba SS 12pm - Birthday 1pm - Mah-Jongg 1:30pm - Bridge	9am - Yoga 11am - Tap Dancing 12pm - Lunch 1:30pm - Bridge
7	8	9	10	11
12pm - Lunch 2pm - Bridge	9am - Men's Coffee 10:30am - Stretch SS 11:30am - Zumba SS 12:30pm - Canasta 12:30pm - Dominoes 2pm - Balance SS 5:30pm - Weight Wat.	12pm - Lunch 12:30pm - Cardio 1pm - Writing Life 1:30pm - Bridge 1:30pm - Strength SS 5:45pm - Yoga	10am - Tai Chi SS 10:30am - Stretch SS 11:30am - Meet, Eat 11:30am - Zumba SS 1pm - Mah-Jongg 1:30pm - Bridge	9am - Yoga 11am - Tap Dancing 12pm - Lunch 1:30pm - Bridge
14	15	16	17	18
12pm - Lunch 2pm - Bridge 7pm - Bridge	10:30am - Stretch SS 11:30am - Zumba SS 12:30pm - Canasta 2pm - Balance SS 5:30pm - Weight Wat.	10:30am - Card 12pm - Lunch 12:30pm - Card 12:30pm - Cardio 1pm - Writing Life 1:30pm - Bridge 1:30pm - Strength SS 5:45pm - Yoga	10am - Tai Chi SS 10:30am - Stretch SS 11:30am - Zumba SS 1pm - Mah-Jongg 1:30pm - Bridge 6:30pm - Euchre	9am - Yoga 11am - Tap Dancing 12pm - Lunch 1:30pm - Bridge 4pm - Movie Night
21	22	23	24	25
12pm - Lunch 12:30pm - Bingo and 2pm - Bridge	10:30am - Stretch SS 11:30am - Zumba SS 12:30pm - Canasta 12:30pm - Dominoes 2pm - Balance SS 5:30pm - Weight Wat.	10am - Tech Class 10:30am - Card 12pm - Lunch 12:30pm - Card 12:30pm - Cardio 12:30pm - Tech Class 1pm - Writing Life 1:30pm - Bridge 1:30pm - Strength SS 5:45pm - Yoga	10am - Tai Chi SS 10:30am - Stretch SS 11:30am - Zumba SS 1pm - Mah-Jongg 1:30pm - Bridge	9am - Yoga 11am - Tap Dancing 12pm - Lunch 1:30pm - Bridge
28	29	30	31	1
12pm - Lunch 2pm - Bridge 7pm - Bridge	10:30am - Stretch SS 11:30am - Zumba SS 12:30pm - Canasta 2pm - Balance SS 5:30pm - Weight Wat.	10:30am - Card 12pm - Lunch 12:30pm - Card 12:30pm - Cardio 1pm - Writing Life 1:30pm - Bridge 1:30pm - Strength SS 5:45pm - Yoga	10am - Tai Chi SS 10:30am - Stretch SS 11:30am - Zumba SS 1pm - Mah-Jongg 1:30pm - Bridge	9am - Yoga 11am - Tap Dancing 12pm - Lunch 1:30pm - Bridge

## Thank You to

### Our Generous Funders:

- Licking County Senior Levy
- Granville Community Foundation
- Granville Arts Commission
- Granville Recreation District
- Interim Healthcare
- The Energy Cooperative
- Our Members

### Center Hours:

Monday-Friday 9 a.m. - 4 p.m.

### Our Physical Address is:

3825 Columbus Road  
Building D  
Granville, Ohio 43023

### Phone:

740-587-1333

### Website:

[granvilleohioseniorcenter.org](http://granvilleohioseniorcenter.org)

## It's Membership Renewal Time!

Stop by to pick up your yellow membership form at the GSC Front Office from 9 a.m. to 4 p.m. Monday through Friday.

### Benefits of your \$20 annual membership fee include:

- Discounted programs and activities, many are FREE to GSC Members thanks to our generous sponsors.
- Monthly newsletters mailed or emailed to you
- Delicious weekly meals to join friends and fun
- 2019 trip destination and registration information

Best of all, 100% of your membership fee supports our programs!

This means more cardio-drumming, monthly lunches, art classes, tap dancing, stretch, euchre, card making classes, movie nights, day trips, canasta, baking classes, marquetry, calligraphy, yoga, bridge, tech classes and so very much more!

Please email [granvilleseniorcenteroh@gmail.com](mailto:granvilleseniorcenteroh@gmail.com) if you would prefer to have a Membership Form mailed or emailed to you. You can also visit [www.granvilleohioseniorcenter.org](http://www.granvilleohioseniorcenter.org) to download a form.

*Thank you for your continued support of your Granville Senior Center!*

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